

DESAYUNO

(De 8:00am - 11:00 am)

RINCON DE PAN WAFFLES Y HOT CAKES

PAN DULCE PETITE 30gr Por pieza	30	PAN BRIOCHE FRANCES 3 PZS	120
PANCAKES O WAFFLES TRADICIONALES 3 PZS Con espuma de mantequilla al alimón miel maple o miel de abeja. Pancake 115 Waffle 125		Rebosado con huevo, espolvoreado con azúcar y canela almendras tostadas manzana y espuma de chocolate.	
PANCAKES O WAFFLES GOURMET 3 PZS Con plátano flameado, nueces tostada queso mascarpone y Nutella. Pancake 145 Waffle 155		WAFLE SALADO 200gr	130
		Sándwich relleno clara de huevo queso monterrey Jack tocino crujiente, aderezo jalapeño, aguacate y papa hash.	

LIGEROS Y MUY SALUDABLES

SINFONÍA PLATO DE FRUTAS 120gr Sandia, Papaya, Melón, Uva, Fresa Yogurt Natural y Granola. Yogurt Natural 220gr 125 Queso Cottage 220gr 120	115	ORIGINAL BIRCHER MUESLI 100gr	110
BOWL SALUDABLE DULCE 100gr Con espuma de mantequilla al alimón miel maple o miel de abeja.	115	BOWL SALUDABLE SALADO 50gr	249
AVENA ORGANICA 120gr Nueces tostadas, berries y arándano.	110	Salmon ahumado quinoa, aguacate, espinaca baby jitomate Cherry edámame, huevo cocido queso mozzarella, vinagreta de pimientos asados.	

PLATOS PRINCIPALES

HUEVOS MAR Y VINO 140gr Dos piezas de huevo fritos gratinados, con queso panela y queso monterrey Jack sobre tortilla de maíz, salsa ranchera roja frijoles refritos y papa hash.	185	OMELETTE BRIE 180gr	235
EL NORUEGO 180gr Dos huevos pochados montados sobre aguacate frito con amaranto, pollo al alto vacío salsa verde y papa hash.	185	OMELETTE AL GUSTO 210gr	150
HUEVOS BENEDICTINE 180gr Dos piezas huevo pochados, montados sobre pan inglés muffin finas láminas de panceta ahumada bañados con salsa florentina espinaca y champiñón gratinados con salsa holandesa.	235	ENCHILADAS NORTEÑAS 3pzs	280
HUEVO CON ARRACHERA 150gr Arrachera de res al grill con huevo frito montada sobre mollete frijol y salsa mexicana papa hash.	110	DUETO DE CREPAS AZTECAS 100gr	150
CHILAQUILES (SALSA A ESCOGER) Rojos o verdes servidos con crema, queso, cilantro, frijoles refritos y papa hash. Con Pollo 80gr 140 Con Arrachera 80gr 180 Con Huevo 2pzs 130	110	BURRITA DE CAMARÓN 220gr	210
		BURRITA GEMA 220gr	170
		Rellenas de queso panela, salsa cremosa de jalapeño ligeramente picante al gratin con manchego y chorizo de talpa.	
		Rellenas con flor de calabaza y huitlacoche bañadas con salsa de chipotle acompañada con papa hash.	
		Rellena con camarón, cebolla, jitomate y cilantro, salsa de aguacate ligeramente picante servida con papa hash brown.	
		Rellena de pollo deshebrado servida con lechuga, chile en vinagre y jitomate bañadas con salsa de chile chipotle papa hash brown.	

JUGOS

EXPRIMIDOR DE JUGOS FRESCOS 200ml Toronja, Naranja, Zanahoria o Betabel	55
JUGO VERDE 200ml Perejil, Apio, Piña y Nopal	55
LICUADOS 250ml Smothie de Melón, Papaya o Piña Con Leche 88 Con Agua 75	



AMERICANO 200ml	60
ESPRESO 60ml	60
CAPUCCINO 220ml	120
MOKACCINO 220ml	125
LATTE 220ml	120
TÉ 200ml	55
CHOCOLATE 330ml	55
CHOCOMILK 420ml	55

CAFE

LECHE 280ml	
Entera	45
Deslactosada	45
Almendras	60
Soya	60
Coco	60
SHOT CAFÉ 30ml	15

Los gramajes son aproximados y antes de cocción. El consumo de pescado, mariscos, carnes y huevos crudos o parcialmente cocidos es responsabilidad del cliente. Todos nuestros precios son con IVA incluido.

BREAKFAST

(8:00am - 11:00 am)

CORNER OF BREAD WAFFLES AND HOT CAKES

PETIT SWEET BREAD 30gr Per piece.	30	FRENCH BRIOCHE BREAD 3 Pcs	120
TRADITIONAL PANCAKES OR WAFFLES 3 Pcs With lemon butter foam, maple honey or honey. Pancake 115 Waffle 125		Filled with egg, sprinkled with sugar and cinnamon, toasted almonds, apple and chocolate foam.	
PANCAKES O WAFFLES GOURMET 3 Pcs With flamed banana, toasted walnuts, mascarpone cheese and Nutella. Pancake 145 Waffle 155		SALTY WAFFLE 200gr	130
		Sandwich filled with egg white Monterrey Jack cheese, crispy bacon, jalapeño dressing, avocado and hash potato.	

LIGHT AND HEALTHY

HEALTHY SALTY BOWL 50gr Smoked salmon, quinoa, avocado, baby spinach, Cherry tomato edamame, boiled egg, mozzarella cheese, roasted pepper vinaigrette.	249	SINFONY OF FRUITS 120gr Watermelon, Papaya, Cantaloupe, Grape, Strawberry, Natural Yogurt, and Granola. Natural Yogurt 220gr 125 Cottage cheese 220gr 120	115
ORIGINAL BIRCHER MUESLI 100gr With oat flakes, sweet crunchy apples, walnuts, banana, tangerine, melon, strawberry grapes and natural yogurt.	110	SWEET HEALTHY BOWL 100gr Natural yogurt, green grape granola, papaya, blueberry kiwi strawberry, fresh figs and pitaya, mint pearls and passion fruit.	115
ORGANIC OATS 120gr Toasted walnuts and cranberry.	110		

THE SPECIALTIES

MAR Y VINO EGGS 140gr Two pieces of fried egg au gratin, with panela cheese and Monterrey Jack cheese on corn tortilla, red ranchera sauce refried beans and hashbrown potato.	185	OMELETTE BRIE 180gr Stuffed with brie cheese, cherry tomato, served with potato hash.	235
THE NORWEGIAN 180gr Two poached eggs mounted on fried avocado with amaranth, high-vacuum chicken with green sauce and hash brown potato.	185	OMELETTE TO YOUR CHOICE 210gr Your choice of vegetables, ham sausage or hot sausage.	150
BENEDICTINE EGGS 180gr Two pieces of poached eggs, over English muffin bread, thin slices of smoked bacon, bathed in Florentine sauce, spinach and mushroom gratin with hollandaise sauce	235	NORTHERN ENCHILADAS 3pcs Stuffed with panela cheese, slightly spicy creamy jalapeño sauce, gratin with Manchego cheese and hot sausage from Talpa Jalisco.	280
STEAK AND EGG 150gr Grilled beef flank steak with fried egg mounted on bean muffin and hash potato Mexican sauce.	110	AZTEC CREPES DUET 100gr Stuffed with pumpkin blosh and huitlacoche, served with chipotle sauce accompanied with hash brown potatoes.	150
CHILAQUILES (SAUCE TO YOUR CHOICE) Red or green served with cream, cheese, coriander, refried beans and hash brown potato. With Chicken 80gr 140 Flank Steak 80gr 180 With Egg 2pcs 130		SHRIMP BURRITA 220gr Stuffed with shrimp, onion, tomato and coriander, slightly spicy avocado sauce served with hash brown potatoes.	210
		CHICKEN BURRITA 220gr Stuffed with shredded chicken served with pickled chili lettuce and tomato topped with chipotle chili sauce and hash brown potatoes.	170

FRESH

FRESH JUICE 200ml Grapefruit, Orange, Carrot, and Beet	55
GREEN JUICE 200ml Parsley, Celery, Pineapple, and Cactus	55
FRUIT SHAKES 250ml Cantaloupe, Papaya, or Pineapple With Milk 88 Without Milk 75	



COFFEE

AMERICAN 200ml	60	MILK 280ml	
ESPRESSO 60ml	60	Regular	45
CAPUCCINO 220ml	120	Lactose Free	45
MOKACCINO 220ml	125	Almond	60
LATTE 220ml	120	Soy	60
TEA 200ml	55	Coconut	60
CHOCOLATE 330ml	55	EXTRA SHOT 30ml	15
CHOCOMILK 420ml	55		